

# Max Glutamine

## Anti-Catabolic Amino Acid<sup>†</sup>

### Maximize Recovery & Results!<sup>†</sup>

**MMSN** brings you **Max Glutamine**, pure HPLC tested crystalline L-Glutamine powder. Produced in the body naturally, Glutamine is the most abundant amino acid in skeletal muscle and is often depleted due to training, stress, and poor diet. Research indicates that bodybuilders, fitness and strength athletes, and other active people often do not produce enough Glutamine within their liver to restore critical Glutamine levels within a reasonable time frame following training.

Glutamine is involved in more metabolic processes than any other amino acid. Glutamine is converted to glucose when more glucose is required by the body as an energy source. It serves as a source of fuel for cells lining the intestines. Without it, these cells waste away. It is also used by white blood cells and is important for immune function. In hospitals, Glutamine is used for patients that have severe burns to speed recovery and prevent muscle wasting.

Supplemental Glutamine can be utilized to repair trained muscles and support the natural production of human growth hormone, which is important to muscle recovery and gains. Glutamine can also support the immune system, and allow for more intense training. Train hard and get the most from your workouts with **Max Glutamine!**<sup>†</sup>



**3 Sizes:** Net Wt. 300g  
Net Wt. 600g Powder  
Net Wt. 1000g (1 Kilogram) Powder  
**Serving Size:** One (1) Scoop, Five (5) Grams  
**Servings Per Container:** 60, 120, 200

#### KEY FEATURES

- Muscle Recovery<sup>†</sup>
- GH Support<sup>†</sup>
- Immune Function<sup>†</sup>
- 5g Glutamine per Serving!

#### KEY MESSAGES

- Pure HPLC tested crystalline L-Glutamine.
- Most abundant amino acid in skeletal muscle often depleted due to training, stress and poor diet.
- Can be utilized to repair trained muscles and support the natural production of human growth hormone.
- Supports the immune system.
- Allows for more intense training sessions.
- Involved in more metabolic processes than any other amino acid.
- Speeds recovery and prevents muscle wasting.

#### TARGET MARKET

**Primary:** Individuals involved in any type of physical training.

**Secondary:** Individuals dealing with high levels of stress, health issues and/or on poor diets.

#### RECOMMENDED STACK

- Max Pro or High 5
- Max MRP
- Max CLA and/or Max EFA
- Vit-Acell

<sup>†</sup>These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent disease.

Your assurance of quality<sup>®</sup>

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# Max Glutamine

Net Wt. 300g Powder

**Size:** Net Wt. 300g Powder  
**Serving Size:** One (1) Scoop, Five (5) Grams  
**Servings Per Container:** 80

## Supplement Facts

Serving Size: One (1) Scoop, Five (5) Grams  
 Servings Per Container: 80

	Amount Per Serving	% DV*
Calories	20	
Glutamine	5g	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
 \*\*Daily value not established.

**Directions:** As a dietary supplement take one heaping scoop 2 – 3 times daily mixed into your favorite beverage.

**NOTE:** If moisture is allowed inside the container, it may cause the product to clump, harden or smell slightly different. Use the enclosed scoop or make sure your spoon is completely dry before dispensing. Clumping or hardening does not change the effectiveness of this product.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

# Max Glutamine

Net Wt. 600g Powder

**Size:** Net Wt. 600g Powder  
**Serving Size:** One (1) Scoop, Five (5) Grams  
**Servings Per Container:** 120

## Supplement Facts

Serving Size: One (1) Scoop, Five (5) Grams  
 Servings Per Container: 120

	Amount Per Serving	% DV*
Calories	20	
Glutamine	5g	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
 \*\*Daily value not established.

**Directions:** As a dietary supplement take one heaping scoop 2 – 3 times daily mixed into your favorite beverage.

**NOTE:** If moisture is allowed inside the container, it may cause the product to clump, harden or smell slightly different. Use the enclosed scoop or make sure your spoon is completely dry before dispensing. Clumping or hardening does not change the effectiveness of this product.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

# Max Glutamine

Net Wt. 1000g (1 Kilogram) Powder

**Size:** Net Wt. 1000g (1 Kilogram) Powder  
**Serving Size:** One (1) Scoop, Five (5) Grams  
**Servings Per Container:** 200

## Supplement Facts

Serving Size: One (1) Scoop, Five (5) Grams  
 Servings Per Container: 200

	Amount Per Serving	% DV*
Calories	20	
Glutamine	5g	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
 \*\*Daily value not established.

**Directions:** As a dietary supplement take one heaping scoop 2 – 3 times daily mixed into your favorite beverage.

**NOTE:** If moisture is allowed inside the container, it may cause the product to clump, harden or smell slightly different. Use the enclosed scoop or make sure your spoon is completely dry before dispensing. Clumping or hardening does not change the effectiveness of this product.

KEEP OUT OF THE REACH OF CHILDREN. STORE IN A COOL, DRY PLACE AWAY FROM MOISTURE, SUNLIGHT AND EXCESS HEAT. ALWAYS KEEP TIGHTLY SEALED.

